



*The*  
**TANTRIC**  
**MASTERMIND**  
For Couples

**JULY 31 TO DECEMBER 16, 2025**

# The Tantric Mastermind for Couples is a five month sacred sexuality playground designed to deepen your erotic and relational skills.

Over our 5 months together, you'll not only learn both foundational and advanced Tantra skills and how to have Tantric Sex as a couple...

You'll also learn how to become the most incredible lovers for each other...

While deepening all the skills and techniques that train you in emotional, intimate and relational mastery.

---

## The Tantric Mastermind will be supportive for you if:

You and your partner are already in a wonderful place in your relationship and desire to take your Tantric explorations to a whole new level

You and your partner are curious about building new practices, rituals, and date nights

You and your partner want to bring more safety, passion, and playfulness into your relationship

You and your partner want more ease and joy in intimacy and communication

[APPLY HERE](#)

# How the Tantric Mastermind Works

## 1 2 LIVE RETREATS

- Deep dive into live teachings in romantic paradise
- Over long-weekends, give yourself the space to reconnect
- Grow together erotically and romantically in these incredible live initiations

## 2 LEARN CORE SEXUAL SKILLS SOLO

- Become individually trained in the sacred sexuality foundations for men and women
- From body meditation to breathwork, build your repertoire of sacred sexual tools
- For men, learn non-ejaculatory orgasm, energy cultivation and deep presence
- For women, learn orgasmic expansion, energy cultivation and surrender

## 3 DEVELOP YOUR TANTRIC SKILLS OVER 6 INCREDIBLE DATE NIGHTS

- Receive step-by-step guidance in a romantic, candlelight ambiance
- Train together in advanced pussy and penis massage and orgasmic breathing
- Experience sex magic, energy orgasm and Tantric rituals together

## 4 EXPLORE RELATIONSHIP SKILLS CLASSES

- Develop masterful communication and conflict resolution skills
- Understand how to do deep intimate healing together
- Create emotional safety in your dynamic

## 5 INTEGRATE TANTRA INTO YOUR LIFE

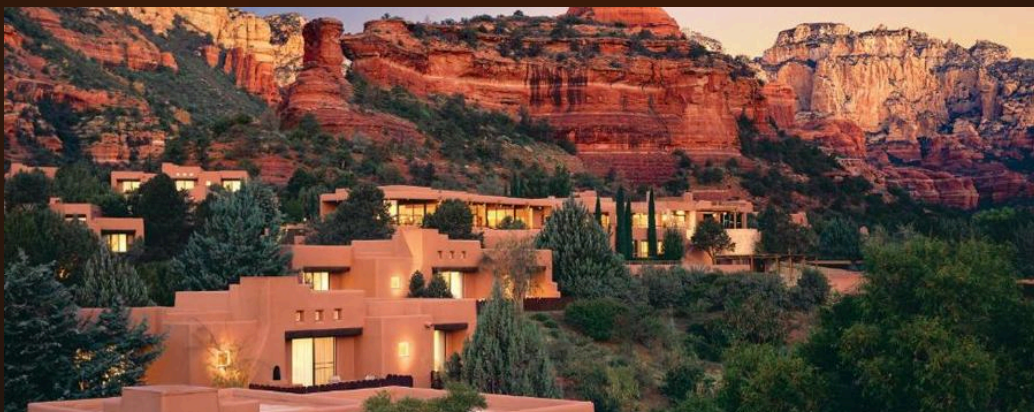
- Learn to build your own sex rituals
- Utilize your new relationship skills to deepen your intimacy and emotional safety
- Expand your erotic experiences into ecstatic and energetic domains

# LIVE RETREATS

**Deep connection and erotic passion combine to provide you with two profoundly intimate, romantic escapes, one at the beginning of your journey together and one at the end.**

Each retreat invites you to discover foundational and advanced Tantra skills and gives you a safe, seductive space to practice them in paradise.

Picture yourself surrounded by lush landscapes and the soothing sensory experience of nature in picturesque global destinations...



## THESE ARE MORE THAN RETREATS

They're once-in-a-lifetime opportunities exquisitely curated for couples who desire to elevate their relationship through the transformative power of Tantra.

RETREAT #1

# TANTRIC SEX FOUNDATIONS

THURSDAY, JULY 31 - MONDAY, AUGUST 4, 2025

BROUGHTON SANCTUARY  
YORKSHIRE, UNITED KINGDOM

Through classes, workshops and your own private practice  
in your bedroom, together you'll learn:

**Erotic Meditations**

**Sexual and Intimate Healing processes**

—————  
**Daily morning practices to cultivate desire**

—————  
**Sex Rituals 101**

—————  
**Sex Breathwork Techniques**

—————  
**Energy Circuits and Ecstatic Lovemaking**

In the group room, you'll learn erotic and intimate connection skills. Each evening, you'll be given sex rituals and practices to do together in the privacy of your bedroom. This safe space will allow you to grow and explore in a comfortable way while receiving high level teaching, guidance and feedback.

## ABOUT BROUGHTON SANCTUARY

Broughton Sanctuary, was named in The Cool List 2024: The 30 most exciting destinations to visit in the world by National Geographic Traveller. This stunning sanctuary is a 3,000 acre estate in the countryside of Yorkshire established in 1097 and holds a rich history and romantic atmosphere.

Upon arrival at the Sanctuary, you'll have access to the full property (gardens, walking trails, swimming and more) and will have your choice of beautiful and one of a kind bedrooms. Every piece of the property offers an abundance of opportunities to invigorate your mind, body and spirit.

RETREAT # 2

# TANTRIC SEX AND ENERGY ALCHEMY

SUNDAY, DECEMBER 7 - THURSDAY, DECEMBER 11, 2025

ENCHANTMENT RESORT  
SEDONA, ARIZONA, UNITED STATES

In this exquisite retreat you'll explore:

**Deeper Tantric Sex Rituals**

---

**Mantras/Yantras and Crystal Grids**

---

**Divinity Sex Magic**

---

**Astrological Sex**

This powerful retreat will take you to new heights of ritual and ecstasy. You'll have already created deep foundations in relating, emotional safety and sacred sexuality, and you'll now be ready for next-level initiations and rituals with your partner.

## ABOUT THE ENCHANTMENT RESORT

Nestled deep among the red rocks in between groves of pinyon and ponderosa pines, Enchantment Resort offers you blue skies and romantic blankets of stars. You'll be surrounded on all sides by acres of pristine wilderness to connect you to nature *and* each other.

# PRE-RETREAT EXPERIENCES

During your pre-retreat sessions, strategically organized into Women's, Men's and Couples classes, our primary objective is to equip you with the essential foundations of the transformative practices that will shape your four-month journey ahead.

These sessions serve as a comprehensive introduction, ensuring you develop a solid understanding of the principles and techniques integral to the upcoming retreats and program.

## IN THE SESSIONS, YOU'LL LEARN:

### WOMEN'S CALLS

LED BY LAYLA MARTIN

Filling Your Erotic Feminine Cup

Multi-Orgasmic Training

Crystal Egg and Art of Devotion

Morning Rituals and Daily Magic

### MEN'S CALLS

LED BY DR. BABACK AMEN

(ONE CALL TO BE CO-TAUGHT  
BY LAYLA MARTIN)

Taoist Energy Cultivation & Non-Ejaculatory Orgasms

Multiorgasmic Training

Pelvic Floor Training

Bio-optimization for Sexual Health

### COUPLES CALLS

LED BY LAYLA MARTIN AND DR. BABACK AMEN

Morning Rituals and Daily Magic

The Shared Energy Portal

# EROTIC DATE NIGHTS

In the six (6) Erotic Date Nights, you will receive step-by-step guidance in a romantic, candlelight ambiance with Layla Martin and Dr. Baback Amen.

Layla and Baback will be teaching and guiding you with a visual demonstration on screen so you can learn each step of the practices in detail and receive advanced support and feedback. As a couple, you'll be invited to practice each date night 3 times to solidify your new erotic skills.

You will be invited to create a luxurious setting in your home to do these practices as a couple.

The sessions that you will be guided through include:

Ecstatic Pussy and Penis Massage

Divine Sex Rituals

Energy Orgasm

Sexual Alchemy Techniques

Sex Magic

Sexual Polarity / Power Play

*\*All sessions will be recorded and uploaded to the course portal for your convenience if you are unable to attend live.*



# SOMATIC SEXUAL SKILLS SESSIONS

Throughout six (6) sessions you will be trained in sacred sexuality foundations for men and women.

From body meditation to breathwork, you will build your repertoire of sacred sexual tools.

For men, learn non-ejaculatory orgasm, energy cultivation and deep presence.

For women, learn orgasmic expansion, energy cultivation and surrender.

These classes will give you the necessary training and skills to do the required work together sexually and discover how to communicate from a loving but truthful and authentic space. You'll understand how to heal and grow together sexually in ways that amplify your connection and love.

The sessions you will be guided through include:

**Breathwork for Sex**

---

**Pussy/Penis Stroking Skills**

---

**Energy and Sex**

---

**Massage/Sensual Touch**

---

**Oral Sex Skills**

---

**Domination/Submission**

*\*All sessions will be recorded and uploaded to the course portal for your convenience if you are unable to attend live.*

# RELATIONSHIP SKILLS SESSIONS

Over six (6) sessions with VITA™ Teachers Fabienne Annick and Jef Mos, you will learn advanced relationship skills derived from the top methodologies in the world to incorporate into your relationship.

When you bring these skills into your partnership, you will find they assist in...

Developing a more deeply attuned connection

---

Allowing you to speak openly with one another  
without triggering defensiveness

---

Building a space for trust and safety

---

Creating a shared space emotionally and physically,  
allowing you and your partner to feel safe,  
understood and supported

The sessions you will be guided through include:

Nonviolent Communication

---

*Fierce Intimacy Work* from Terry Real

---

Space Holding Principles

---

Sharing Containers

---

Trigger and Conflict Resolution

---

Inner Child Healing and Parts Work

*\*All sessions will be recorded and uploaded to the course portal for your convenience if you are unable to attend live.*

## HEAR FROM SOME OF OUR COUPLES



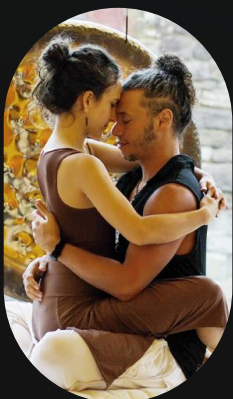
“The intensity of my orgasms has increased exponentially. I can now express my sexuality more freely and more fully with my partner. It was the best investment we made. We wish everyone had the opportunity to join.”

– Jennie and Shaun, Australia



“Married 28 years and we're having the best sex we've ever had, I'm so much more attuned to my own body and to my significant other and that's invaluable.”

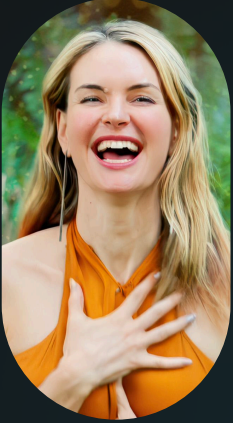
– Pat and Sam, USA



“We've been together for 11 years and have a 6 year old child. We wanted to spice things up again, check out variety, and see if we could deepen our sexual connection. The program was a really fun way to breathe fresh life into our sexual relationship and take things to another level.”

– Johann and Kate, France

# THE TEACHERS



## LAYLA MARTIN

Layla Martin is a visionary and thought leader who teaches on sexuality, relationships and self-love to people across the globe.

Her devoted study of Tantra for 20+ years along with her sexuality, neuroscience and human biology studies at Stanford University have informed her unique teaching process and the creation of her proprietary VITA™ Methodology.

Her programs have taught over 12,500 women, men and non-binary people her method of using breath, sound, movement, meditation and energy awareness to awaken their sexuality and reclaim their power and worthiness. Layla combines mystical practices with the most up-to-date scientific approaches to transformation to enable radical liberation, rapid change and outrageous pleasure.

Her highly effective programs, tools and practices empower you to experience exquisite sex, shameless self-love and incredible depths of intimacy. She is the founder of the Vital and Integrated Tantric Approach (VITA™) and the creator of the VITA™ Sex, Love & Relationship Coaching Certification, the VITA™ Sacred Sexuality Initiation, and other programs.

Layla has shared her work with over 150 million people and 500,000+ subscribers through her YouTube channel and has a weekly email audience of 375,000+ people. Her top-rated podcast, This Tantric Life, has reached over 1.3 million downloads.

To learn more about Layla's work and connect with her, [visit her website here](#).



## DR. BABACK AMEN

Dr. Baback Amen MD has a steadfast passion for holistic and integrative means of cultivating longevity and vitality, and has accumulated a depth of knowledge in the areas of physiological optimisation, biohacking, nutrition and targeted testing.

After graduating with honors from one of the premier medical schools in the Southern Hemisphere, Monash University, Dr. Amen became a board-certified anesthesiologist, before undertaking further training in Longevity and Functional Medicine. In his private practice, he has led a multi-disciplinary team of health professionals to help guide multiple entrepreneurs, executives and high profile individuals to optimal health and function. His engaged, appreciative and loyal client base includes billionaires, Grammy Award winning music stars, and celebrated Hollywood actors.

He has also been a devoted lifelong practitioner of the more esoteric and spiritual modalities of health promotion, such as meditation, breathwork, Tantric and Taoist practices, and the ceremonial use of ancient plant medicines.

To learn more about Dr. Baback's work and to connect with him, [visit his website here](#).

# THE TEACHERS

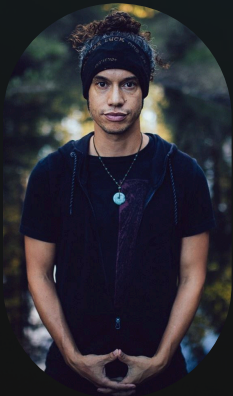


## FABIENNE ANNICK

Fabienne brings her devotion to Tantric philosophy and healthy partnerships to support couples through this journey. She began practicing yoga and energy work at age 11, and after traveling the world for 9+ years, her journey brought her deep into the practices of meditation, Tantra, Taoist energetics, trauma release, and plant medicines.

She is a Sex and Intimacy coach specializing in empowering men through the lens of sexual energy mastery. She also supports couples to develop healthy attachment, sovereignty, repair and intimacy. She is a certified VITA™ Sex, Love & Relationship coach and Advanced EFT Practitioner and holds a degree from the University of Vermont. Trained in psychological integration, shadow work, breathwork, and body work, Fabienne's holistic approach supports clients in unraveling layers that obstruct their deepest capacity for love.

To learn more about Fabienne's work and to connect with her, [visit her website here](#).



## JEF MOS

Jef is a cognitive repatterning specialist, combining EFT, shadow work, and relational alchemy into a methodology that addresses everything from complex PTSD to high-performance psychological integration.

He has a private coaching practice and a practitioner certification program, "The Sanctum."

You can find him at [https://www.instagram.com/mos\\_\\_jef/](https://www.instagram.com/mos__jef/) and [www.mosjef.co](http://www.mosjef.co)

# APPLY TODAY TO JOIN THE TANTRIC MASTERMIND FOR COUPLES

## SUPER EARLY BIRD

DECEMBER 12, 2024  
- MARCH 18, 2025

PAY IN FULL

**\$9,997**

USD per person

SAVE \$2000

## EARLY BIRD

MARCH 19, 2025 -  
MAY 25, 2025

PAY IN FULL

**\$10,997**

USD per person

SAVE \$1000

## STANDARD

MAY 26, 2025 -  
JULY 29, 2025

PAY IN FULL

**\$11,997**

USD per person

PAY IN  
INSTALLMENTS

**\$1,708** USD

A MONTH PER  
PERSON

(Six monthly payments of  
\$1,708 USD/person)

PAY IN  
INSTALLMENTS

**\$1,875** USD

A MONTH PER  
PERSON

(Six monthly payments of  
\$1,875 USD/person)

PAY IN  
INSTALLMENTS

**\$3,062** USD

A MONTH PER  
PERSON

(Four monthly payments  
of \$3,062 USD/person)

LEARN MORE AND  
APPLY NOW HERE