

The Tantric Mastermind for Couples is a six month sacred sexuality playground designed to deepen your erotic and relational skills.

Over our 6 months together, you'll not only learn both foundational and advanced Tantra skills and how to have Tantric Sex as a couple...

You'll also learn how to become the most incredible lovers for each other...

While deepening all the skills and techniques that train you in emotional, intimate and relational mastery.

The Tantric Mastermind will be supportive for you if:

You and your partner are already in a wonderful place in your relationship and desire to take your Tantric explorations to a whole new level

You and your partner are curious about building new practices, rituals, and date nights

You and your partner want to bring more safety, passion, and playfulness into your relationship

You and your partner want more ease and joy in intimacy and communication

APPLY NOW



2 LIVE RETREATS

- Deep dive into live teachings in romantic paradise
- Over long-weekends, give yourself the space to reconnect
- Grow together erotically and romantically in these incredible live initiations



INTEGRATE TANTRA INTO YOUR LIFE

- · Learn to build your own sex rituals
- Utilize your new relationship skills to deepen your intimacy and emotional safety
- Expand your erotic experiences into ecstatic and energetic domains



WHEN YOU JOIN THE

Tantric Mastermind for Couples,

YOU'LL HAVE ACCESS TO:



EXPLORE RELATIONSHIP SKILLS CLASSES

- Develop masterful communication and conflict resolution skills
- Understand how to do deep intimate healing together
- Create emotional safety in your dynamic



LEARN CORE SEXUAL SKILLS SOLO

- Become individually trained in the sacred sexuality foundations for men and women
- From body meditation to breathwork, build your repertoire of sacred sexual tools
- For men, learn non-ejaculatory orgasm, energy cultivation and deep presence
- For women, learn orgasmic expansion, energy cultivation and surrender



DEVELOP YOUR TANTRIC SKILLS OVER 6 INCREDIBLE DATE-NIGHTS

- Receive step-by-step guidance in a romantic, candlelight ambiance
- Train together in things like advanced pussy and penis massage and orgasmic breathing
- Experience sex magic, energy orgasm and Tantric rituals together

LIVE RETREATS

Deep connection and erotic passion combine to provide you with two profoundly intimate, romantic escapes, one at the beginning of your journey together and one at the end.

Each retreat invites you to discover foundational and advanced Tantra skills and gives you a safe, seductive space to practice them in paradise.

Picture yourself surrounded by lush landscapes and the soothing sensory experience of nature in picturesque global destinations...



THESE ARE MORE THAN RETREATS

They're once-in-a-lifetime opportunities exquisitely curated for couples who desire to elevate their relationship through the transformative power of Tantra.

RETREAT #1

TANTRIC SEX FOUNDATIONS

FRIDAY, APRIL 5 - MONDAY, APRIL 8, 2024

BROUGHTON SANCTUARY
YORKSHIRE, UNITED KINGDOM

Through classes, workshops and your own private practice in your bedroom, together you'll learn:

Erotic Mediations	Sexual and Intimate Healing processes
Daily morning practices to cultivate desire	Sex Rituals 101
Sex Breathwork Techniques	Energy Circuits and Ecstatic Lovemaking

In the group room, you'll learn erotic and intimate connection skills. Each evening, you'll be given sex rituals and practices to do together in the privacy of your bedroom. This safe space will allow you to grow and explore in a comfortable way while receiving high level teaching, guidance and feedback.

ABOUT BROUGHTON SANCTUARY

Broughton Sanctuary, named in The Cool List 2024: The 30 most exciting destinations to visit in the world by National Geographic Traveller, is a 3,000 acre estate in the countryside of Yorkshire. Established in 1097, the estate holds a rich history.

Upon arrival at the Sanctuary, you'll have access to the full property (gardens, walking trails, swimming and more) and will have your choice of beautiful and one of a kind bedrooms. Every piece of the property offers an abundance of opportunities to invigorate your mind, body and spirit.

RETREAT #2

TANTRIC SEX AND ENERGY ALCHEMY

THURSDAY, AUGUST 15 - SUNDAY, AUGUST 18, 2024

INDIO, CALIFORNIA, UNITED STATES

EXACT LOCATION PROVIDED AFTER SIGNING UP

In this exquisite retreat you'll explore:

Deeper Tantric Sex Rituals

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Mantras/Yantras and Crystal Grids

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Divinity Sex Magic

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This never-before-taught retreat will take you to new heights of ritual and ecstasy. You'll have already created deep foundations in relating, emotional safety and sacred sexuality, and you'll now be ready for next-level initiations and rituals with your partner.

Astrological Sex

ABOUT THE LOCATION

The second retreat will be held at an exclusive luxurious estate that sits on a vast paradise of ten acres in Indio, California. The estate was designed to immerse you in privacy, with lush amenities such as a pool with a sandy beach, a chef kitchen with a private chef, and more.

Each couple is responsible for extra costs per retreat, including travel, meals, accommodations, etc.

PRE-RETREAT Playground EXPERIENCES

During your pre-retreat sessions, strategically organized into Women's and Men's classes, our primary objective is to equip you with the essential foundations of the transformative practices that will shape your six-month journey ahead.

These sessions serve as a comprehensive introduction, ensuring you develop a solid understanding of the principles and techniques integral to the upcoming retreats and program.

IN THE SESSIONS, YOU'LL LEARN:

WOMEN'S CALLS

LED BY LAYLA MARTIN

Crystal Egg Practice

Full Body Energy Orgasm Techniques

Supplementation and Diet for Thriving

Presence and Safety Skills & Feminine Polarity

MEN'S CALLS

LED BY DR. BABACK AMEN

(ONE CALL TO BE CO-TAUGHT BY LAYLA MARTIN)

Taoist Energy Cultivation & Non-Ejaculatory Orgasms

Multiorgasmic Training

Hormones and Health for your Cock and Body

Presence and Safety Skills & Masculine Polarity

EROTIC DATE NIGHTS

In the six (6) Erotic Date Nights, you will receive step-by-step guidance in a romantic, candlelight ambiance with Layla Martin and Dr. Baback Amen.

Layla and Baback will be teaching and guiding you with a visual demonstration on screen so you can learn each step of the practices in detail and receive advanced support and feedback. As a couple, you'll be invited to practice each date night 3 times to solidify your new erotic skills.

You will be invited to create a luxurious setting in your home to do these practices as a couple on Sundays between 12 - 2pm PT.

The sessions that you will be guided through include:

Ecstatic Pussy and Penis Massage

Divine Sex Rituals

Sexual Alchemy Techniques

Sex Magic

Sexual Polarity / Power Play

*All sessions will be recorded and uploaded to the course portal for your convenience if you are unable to attend live.

CORE SEXUAL SKILLS SESSIONS

Guided by Erika Alsborn, throughout six (6) sessions you will be trained in sacred sexuality foundations for men and women.

From body meditation to breathwork, you will build your repertoire of sacred sexual tools.

For men, learn non-ejaculatory orgasm, energy cultivation and deep presence.

For women, learn orgasmic expansion, energy cultivation and surrender.

These classes will give you the necessary training and skills to do the required work together sexually and discover how to communicate from a loving but truthful and authentic space. You'll understand how to heal and grow together sexually in ways that amplify your connection and love.

The sessions you will be guided through include:

Breathwork for Sex
Pussy/Penis Stroking Skills
Energy and Sex
Massage/Sensual Touch
Oral Sex Skills
Domination/Submission

*All sessions will be recorded and uploaded to the course portal for your convenience if you are unable to attend live.

RELATIONSHIP SKILLS SESSIONS

Over six (6) sessions with VITA™ Master Teacher Cory Scott and VITA™ Teacher Fabienne Annick, you will learn advanced relationship skills derived from the top methodologies in the world to incorporate into your relationship.

When you bring these skills into your	The sessions you will be guided
partnership, you will find they assist in	through include:
Developing a more deeply attuned connection	Nonviolent Communication
Allowing you to speak openly with one another	Fierce Intimacy Work from Terry Real
without triggering defensiveness	
	Space Holding Principles
Building a space for trust and safety	
	Sharing Containers
reating a shared space emotionally and physically,	
allowing you and your partner to feel safe,	Trigger and Conflict Resolution
understood and supported	
	Inner Child Healing and Parts Work

MEET SOME OF OUR COUPLES



"The intensity of my orgasms has increased exponentially. I can now express my sexuality more freely and more fully with my partner. It was the best investment we made. We wish everyone had the opportunity to join."

- Jennie and Shaun, Australia



"Our sex has reached a totally new level. We feel like we've really started something new and we're so happy we did this together."

- Vilma and Fred, Sweden



"We've been together for 11 years and have a 6 year old child. We wanted to spice things up again, check out variety, and see if we could deepen our sexual connection. The program was a really fun way to breathe fresh life into our sexual relationship and take things to another level."

- Johann and Kate, France



LAYLA MARTIN

Layla Martin is the founder of the VITA™ Method, a Tantric Approach to sex, love and relationships. She hosts the podcast, "This Tantric Life." Cosmopolitan magazine calls her "The Headmistress of Pleasure," Women's Health Magazine calls her "The Sexpert Extraordinaire," and she even got a Fox News anchor to say "yoni massage" on air. She's practiced Tantra for over 20-years, studied Human Biology at Stanford University and still has a hard time not spilling things all over herself when she eats.

To learn more about Layla's work and connect with her, visit her website here.



DR. BABACK AMEN

Dr. Baback Amen MD has a steadfast passion for holistic and integrative means of cultivating longevity and vitality, and has accumulated a depth of knowledge in the areas of physiological optimisation, biohacking, nutrition and targeted testing.

After graduating with honors from one of the premier medical schools in the Southern Hemisphere, Monash University, Dr. Amen became a board-certified anesthesiologist, before undertaking further training in Longevity and Functional Medicine. In his private practice, he has led a multi-disciplinary team of health professionals to help guide multiple entrepreneurs, executives and high profile individuals to optimal health and function. His engaged, appreciative and loyal client base includes billionaires, Grammy Award winning music stars, and celebrated Hollywood actors.

He has also been a devoted lifelong practitioner of the more esoteric and spiritual modalities of health promotion, such as meditation, breathwork, Tantric and Taoist practices, and the ceremonial use of ancient plant medicines.

To learn more about Dr. Baback's work and to connect with him, <u>visit his website</u> here.



CORY SCOTT
MSS, LCSW, RYT-500, EMDR CERTIFIED THERAPIST

Cory is a licensed clinical social worker (LCSW), a EMDRIA certified Eye Movement and Desensitization Reprocessing (EMDR) therapist, a licensed yoga teacher, as well as a VITA Sex, Love, and Relationship coach and senior teacher. She has also deeply studied Interpersonal Neurobiology, Somatic Experiencing, and she holds a specialization in Child and Family Wellbeing from Bryn Mawr College's Graduate School of Social Work and Social Research. One of her deepest passions is supporting the healing of developmental trauma in relationship.

Cory brings an expertise on attachment theory and its application to the course, in addition to a unique perspective to her work with couples, integrating her broad professional training and experience as a coach and therapist, along with her personal journey over the past nearly 2 decades of devoted relationship with her sexy partner of 19 years.

She lives in the straw bale mansion of her dreams on a 78-acre farm in the mountains of southern Appalachia with her partner, their two beautiful children, two dogs and numerous cats.

To learn more about her work and to connect with her, visit her website.



FABIENNE ANNICK

Fabienne brings her devotion to Tantric philosophy and healthy partnerships to support couples through this journey. She began practicing yoga and energy work at age 11, and after traveling the world for 9+ years, her journey brought her deep into the practices of meditation, Tantra, Taoist energetics, trauma release, and plant medicines.

She is a Sex and Intimacy coach specializing in empowering men through the lens of sexual energy mastery. She also supports couples to develop healthy attachment, sovereignty, repair and intimacy. She is a certified VITA Sex, Love & Relationship coach and Advanced EFT Practitioner and holds a degree from the University of Vermont. Trained in psychological integration, shadow work, breathwork, and body work, Fabienne's holistic approach supports clients in unraveling layers that obstruct their deepest capacity for love.

Fabienne lives in the serene woods of the Sierra Nevada foothills with her fiancé. She feels blessed to have a partner who gets down with inner work as much as she does and she uses what she learns in their relationship as the foundation of her work helping couples reprogram subconscious patterns that reveal themselves in relationship in an attempt to be healed.

To learn more about Fabienne's work and to connect with her, <u>visit her</u> website here.



ERIKA ALSBORN

Erika is an international sex and birth coach from Sweden, a sexuality teacher and expert who specialises in helping women reclaim their pleasure, sensual delight and sexual confidence. Her own sexual healing and expansion journey inspired her career shift from nursing to working with sexual health and after studying a Master's Degree in Sexology she found holistic sexuality and sex coaching to be her jam.

In 2019 she gave birth to her first child and through that experience realized how transformative childbirth is and can be and is now dedicated to shifting the current narrative around birth – helping women to have positive, empowered and orgasmic birth experiences. More than anything, she loves seeing people being erotically confident, embodied and expressed, sexually fulfilled and in love with themselves and life!

To learn more about Erika's work and to connect with her, visit her website here.

APPLY TODAY TO JOIN THE TANTRIC MASTERMIND FOR COUPLES

STANDARD

BY MARCH 28, 2024

PAY IN FULL

\$9,997.50

USD per person

(\$19,995 total per couple)

PAY IN INSTALLMENTS

\$3,416 USD

A MONTH

LEARN MORE AND APPLY NOW